

75% of girls aged 13-18 years have experienced 'disparaging statements' about girls in sport.

These comments came predominantly, although not solely, from male peers (54%).

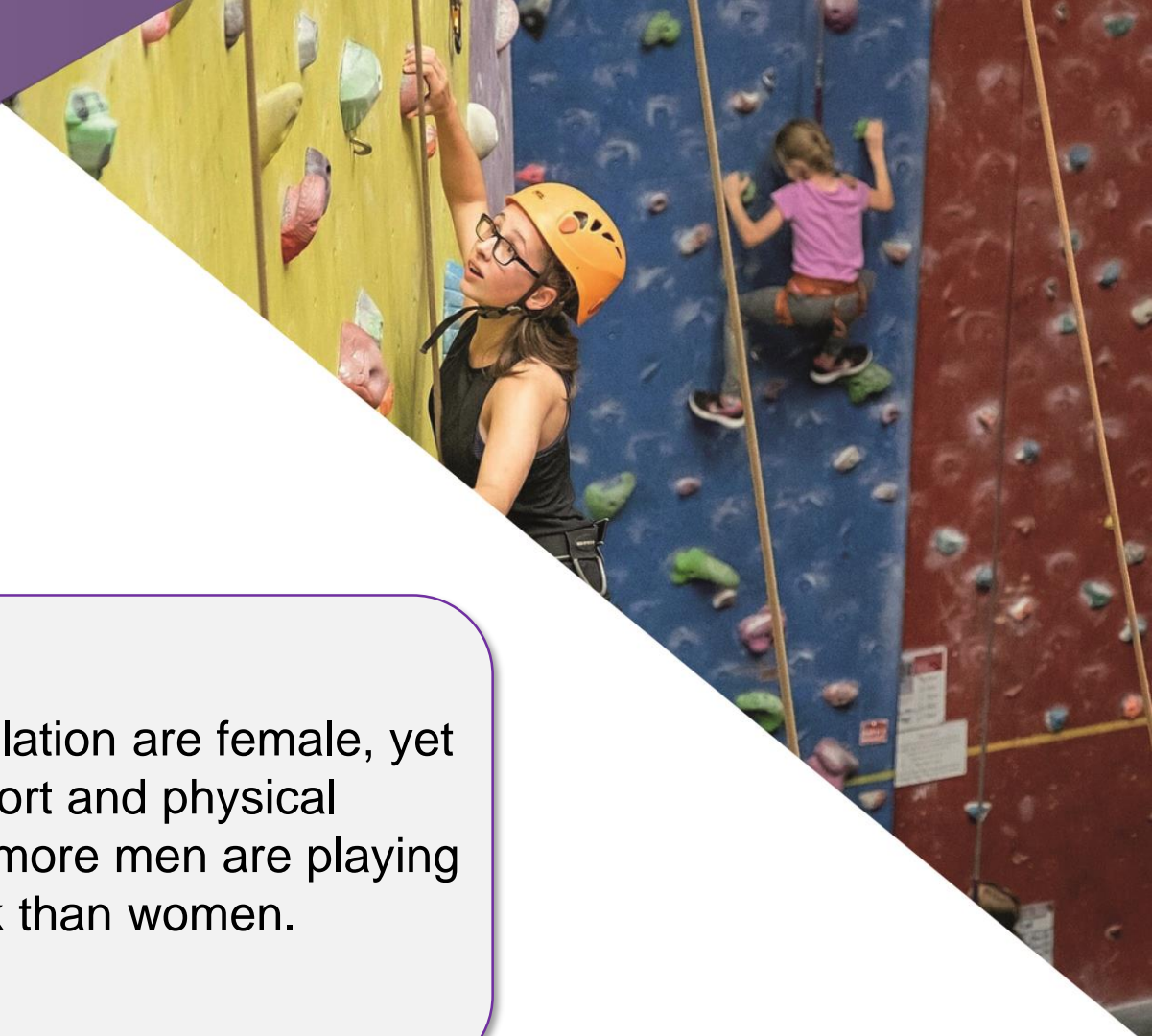


Only **43%** of girls say they have the same choice of boys at school in sport and exercise.



Only **8%** of girls meet the Chief Medical Officer's recommendation that young people aged 5 – 18 should do 60 minutes of physical activity every day.





51% of the UK population are female, yet when it comes to sport and physical activity, **1.6 million** more men are playing sport once per week than women.



Gender stereotypes start to emerge among children as young as **7 and 8** years old.

Research shows that girls going through puberty felt being **'too fit'** was not a positive quality to have. Being too fit and sporty leads to **negative stereotyping** among teenagers.

